



inTime Listening Log

PROTOCOL A

BASE SCHEDULE – Cycles 3 & 4

Name _____ Person Recording _____

SCHEDULE – Two modules per day, five consecutive days per week.

(Wait at least 30 minutes before listening to the second module.)

	Day	Date	Time(s)	Module	Activity Notes
WEEK 1	Monday			01	
				02	
Album 01 Percussion Green	Tuesday			03	
	Wednesday			04	
				01	
	Thursday			02	
				03	
Friday			04		
				01	
				02	

	Day	Date	Time(s)	Module	Activity Notes
WEEK 2	Monday			01	
				02	
Album 02 Percussion Orange	Tuesday			03	
	Wednesday			04	
				01	
	Thursday			02	
				03	
Friday			04		
				01	
				02	

	Day	Date	Time(s)	Module	Activity Notes
WEEK 3	Monday			01	
				02	
Album 03 Percussion Red	Tuesday			03	
	Wednesday			04	
				01	
	Thursday			02	
				03	
Friday			04		
				01	
				02	

	Day	Date	Time(s)	Module	Activity Notes
WEEK 4	Monday			01	
				02	
Album 04 Percussion Blue	Tuesday			03	
	Wednesday			04	
				01	
	Thursday			02	
				03	
Friday			04		
				01	
				02	



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	Day	Date	Time(s)	Module	Activity Notes
WEEK 5	Monday			01	
				02	
Album 04 Percussion Blue	Tuesday			03	
				04	
	Wednesday			01	
				02	
	Thursday			03	
				04	
	Friday			01	
				02	

	Day	Date	Time(s)	Module	Activity Notes
WEEK 6	Monday			01	
				02	
Album 03 Percussion Red	Tuesday			03	
				04	
	Wednesday			01	
				02	
	Thursday			03	
				04	
	Friday			01	
				02	

	Day	Date	Time(s)	Module	Activity Notes
WEEK 7	Monday			01	
				02	
Album 02 Percussion Orange	Tuesday			03	
				04	
	Wednesday			01	
				02	
	Thursday			03	
				04	
	Friday			01	
				02	

	Day	Date	Time(s)	Module	Activity Notes
WEEK 8	Monday			01	
				02	
Album 01 Percussion Green	Tuesday			03	
				04	
	Wednesday			01	
				02	
	Thursday			03	
				04	
	Friday			01	
				02	



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	Day	Date	Time(s)	Module	Activity Notes
WEEK 9	Monday			01	
				02	
Album 05 Combined Green	Tuesday			03	
	Wednesday			04	
				01	
	Thursday			02	
				03	
Friday			04		
				01	
				02	

	Day	Date	Time(s)	Module	Activity Notes
WEEK 10	Monday			01	
				02	
Album 06 Combined Orange	Tuesday			03	
	Wednesday			04	
				01	
	Thursday			02	
				03	
Friday			04		
				01	
				02	

	Day	Date	Time(s)	Module	Activity Notes
WEEK 11	Monday			01	
				02	
Album 07 Combined Red	Tuesday			03	
	Wednesday			04	
				01	
	Thursday			02	
				03	
Friday			04		
				01	
				02	

	Day	Date	Time(s)	Module	Activity Notes
WEEK 12	Monday			01	
				02	
Album 08 Combined Blue	Tuesday			03	
	Wednesday			04	
				01	
	Thursday			02	
				03	
Friday			04		
				01	
				02	



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	Day	Date	Time(s)	Module	Activity Notes
WEEK 13	Monday			01	
				02	
Album 08 Combined Blue	Tuesday			03	
	Wednesday			04	
				01	
	Thursday			02	
				03	
Friday			04		
				01	
				02	

	Day	Date	Time(s)	Module	Activity Notes
WEEK 14	Monday			01	
				02	
Album 07 Combined Red	Tuesday			03	
	Wednesday			04	
				01	
	Thursday			02	
				03	
Friday			04		
				01	
				02	

	Day	Date	Time(s)	Module	Activity Notes
WEEK 15	Monday			01	
				02	
Album 06 Combined Orange	Tuesday			03	
	Wednesday			04	
				01	
	Thursday			02	
				03	
Friday			04		
				01	
				02	

	Day	Date	Time(s)	Module	Activity Notes
WEEK 16	Monday			01	
				02	
Album 05 Combined Green	Tuesday			03	
	Wednesday			04	
				01	
	Thursday			02	
				03	
Friday			04		
				01	
				02	